TRADITIONAL

BOEREWORS

Made from pure ground beef with a traditional South African recipe.

INGREDIANTS:

SALT, CEREAL (WHEAT GLUTEN), CORN STRACH, DEXTROSE, SPICES, HERBS AND SPICE EXTRACTS, MSG (FLAVOUR ENHANCER), SODIUM ERYTHORBATE, VEGETABLE OIL (CANOLA), PRESERVATIVE (SODIUM METABISULPHITE).

NOT SUITABLE FOR PEOPLE WITH WHEAT GLUTEN, SOYA BEAN, MILK & EGG ALLERGY

KEEP UNDER COOL DRY CONDITIONS

PLAIN

Nutrition Facts

Ave Qty	Per serve	Per 100g
Energy	**666 kj**	**740kj**
Protein	**15.3g**	**17.0g**
Carbohydrates		
Total	**2.3g**	**2.5g**
Sugar	<1g	<0g
Fat		
Total	9.9g	11.0**g**
Saturated Fat	3.6g	4.0g
Sodium	635mg	705mg